

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CLOSED LABOUR DAY	3 CLOSED	4 CLOSED	5 CLOSED	6 CLOSED	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21 ParkArt Class 1: 11:00am-Noon
22	23	24	25	26	27	28 Healthy Eating for Parkinson's Part 1: 10:00am-Noon
29	30 Let's Talk Loud New Assessments from 12:30pm Regular Session starts Oct 7					SAVE THE DATES ParkArt – Fri, Oct 18, 12:30pm-2:00pm Healthy Eating – Part 2 Oct + Part 3 Thurs, Nov 22